

Resurrection Sunday

John 20:1-23

Luke 24:1-49

Luke 24:39

Behold my hands and my feet, that it is I myself: handle me, and see; for a spirit hath not flesh and bones, as ye see me have.

Twenty-one proofs of physical resurrection:

1. Look, touch and see My hands and My feet (Lk. 24:39).
2. They held Him by the feet (Mt. 28:9; Lk. 24:39-40).
3. They saw Him (Mt. 28:17; Jn. 20:19-20).
4. It is I Myself, not another and a different person; "I'm the same person you know, but now I am glorified." (Lk. 24:39 Lk. 24:40; Jn. 20:20).
5. Thomas had a personal opportunity eight days later, proving His body was literally resurrected (Jn. 20:25-29 Lk. 24:37-43). This shows that God cares deeply even about the doubters.
6. A spirit hath not flesh and bones, as you see Me have (Lk. 24:39).
7. He took fish and honeycomb and **did eat** before them. Only a physical body could do that. The only difference is that instead of blood, there is glory. (Lk. 24:41-43).
8. He is risen (Mt. 28:6-7 Mk. 16:6). What is risen? It could not be His soul and spirit for they did not die. They went into hell to preach and carry on work (Ps. 16:10; Lk. 23:43; Eph. 4:8-10 1Pet. 3:9; Heb. 2:14-15). His body is the only thing that died (Jas. 2:26) and the only thing that could have been physically resurrected (Lk. 24:39 Zech. 13:6; Acts 1:11).
9. They found not the body (Lk. 24:3,23). Why? Because it was resurrected (Lk. 24:39-43).
10. Why seek you the living (body) among the dead bodies (Lk. 24:5-6 Jas. 2:26)? Did they go to the tomb seeking a spirit to embalm or anoint, or was it the body they sought? Then it was the body that was risen from the dead.
11. Jesus Himself drew near ... He sat at meat with them ... they knew Him (Lk. 24:15,30-31).
12. Jesus Himself stood in the midst of them (Lk. 24:36; Jn. 20:19). What was it that stood in their midst? They thought it was a spirit (Lk. 24:37), but Jesus assured them that it was not a spirit. It was His own body that had been with them for years 3 ½ years (Lk. 24:39-43).
13. Angels said He was physically alive because they said "He is not here." (Lk. 24:23; Mt. 28:6-7 Mk. 16:6).
14. It was necessary for Christ to be crucified and to rise from the dead (Lk. 24:46). What was it that was crucified? The same thing that rose from the dead, His body.
15. He lifted up His hands ... He was parted from them, and carried into heaven (Lk. 24:50-51). Whose hands were these? Were they the hands of a spirit? What was it that was

separated from them and taken to heaven? If it was not a spirit, as He said (Lk. 24:37-43), then it was His body.

16. One shall say unto Him in eternity, "What are these wounds in thine hands? Then, he shall answer, Those with which I was wounded in the house of my friends" (Zech. 13:6).
 - Zechariah 13:6 (KJV) 6 And one shall say unto him, What are these wounds in thine hands? Then he shall answer, Those with which I was wounded in the house of my friends.
17. He was buried ... He arose again (1Cor. 15:1-58). In this passage it is clear that anyone who does not believe in the physical resurrection of Christ will be lost.
18. They have taken away the Lord out of the sepulchre ... For as yet they knew not the Scripture, that He must rise from the dead (Jn. 20:2,9). The missing body made no less than twelve appearances to hundreds of witnesses (note, Jn. 21:14). It was not taken away. It was resurrected and is alive today at the right hand of God (Mk. 16:19; Acts 2:33; Rom. 8:34; Heb. 1:3; 12:2).

The Twelve Appearances of Christ:

1. To Mary Magdalene (Mk. 16:9; Jn. 20:15-16)
2. To the women at the tomb (Mt. 28:9)
3. To two disciples on the road to Emmaus (Lk. 24:13-31)
4. To Peter (Lk. 24:34; 1Cor. 15:5)
5. To the ten apostles (Jn. 20:19)
6. To the eleven apostles (Jn. 20:26)
7. To the seven apostles (Jn. 21:1-22 this was after the second Sunday)
8. To the eleven apostles on a certain mountain in Galilee (Mt. 28:16)
9. To the twelve apostles, including Matthias (1Cor. 15:5; Acts 1:26)
10. To five hundred brethren at one time (1Cor. 15:6)
11. To James, the Lord's brother (1Cor. 15:7; Gal. 1:19)
12. To all the apostles (1Cor. 15:7; Mk. 16:19-20 Lk. 24:50-53 Acts 1:3-12,26)

He spent 40 days with them before the ascension.

Acts 1:1-11 (KJV) 1 The former treatise have I made, O Theophilus, of all that Jesus began both to do and teach, 2 Until the day in which he was taken up, after that he through the Holy Ghost had given commandments unto the apostles whom he had chosen: 3 To whom also he shewed himself alive after his passion by many infallible proofs, being seen of them forty days, and speaking of the things pertaining to the kingdom of God: 4 And, being assembled together with them, commanded them that they should not depart from Jerusalem, but wait for the promise of the Father, which, saith he, ye have heard of me. 5 For John truly baptized with water; but ye shall be baptized with the Holy Ghost not many days hence. 6 When they therefore were come together, they asked of him, saying, Lord, wilt thou at this time restore again the kingdom to Israel? 7 And he said unto them, It is not for you to know the times or the seasons, which the Father hath put in his own power. 8 But ye shall receive power, after that the Holy Ghost is come upon you: and ye shall be witnesses unto me both in Jerusalem, and in all Judaea, and in Samaria, and unto the uttermost part of the earth. 9 And when he had spoken these things,

while they beheld, he was taken up; and a cloud received him out of their sight. 10 And while they looked stedfastly toward heaven as he went up, behold, two men stood by them in white apparel; 11 Which also said, Ye men of Galilee, why stand ye gazing up into heaven? this same Jesus, which is taken up from you into heaven, shall so come in like manner as ye have seen him go into heaven.